

How to collect semen in the ProteX container.

Refer to any additional instructions provided by your fertility specialist. Read both Sperm Wash Medium and ProteX™ container instructions before following the steps.





PREP

IMPORTANT: If Sperm Wash Medium was provided to you, refrigerate the Medium upon receipt.


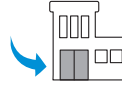
SKIP steps 1 and 4 if Sperm Wash Medium not provided.

- 1**  **Remove** Sperm Wash Medium bottle from refrigerator 60 minutes BEFORE semen collection. Allow Sperm Wash Medium to come to room temperature.
- 2**  **Wash** your hands with soap and water, and then dry them with a clean towel.
- 3**  **Open** your sterile sealed pouch and place ProteX on a flat, stable surface.
- 4**  **Add** room temperature Sperm Wash Medium to ProteX container as recommended by your fertility specialist.
 - 4a.** **Remove** the aluminum seal and rubber stopper on the Sperm Wash Medium bottle.
 - 4b.** **Open** the sterile packaging of the squeeze dropper, being careful not to touch the pointed tip.
 - 4c.** **Gently squeeze** the bulb of the dropper, then place the open tip into the bottom of the Sperm Wash Medium bottle.
 - 4d.** **Slowly un-squeeze** the bulb until all of the Sperm Wash Medium fills the dropper and the Medium bottle is nearly empty.
 - 4e.** **Place** dropper tip into the well of the ProteX container.
 - 4f.** **Gently squeeze** the bulb to dispense the Sperm Wash Medium into the ProteX container, making sure there is no Medium left in the dropper.

COLLECT

- 5**  **Wash** your hands and genitals with soap and water, and then dry yourself with a clean towel.
- 6**  **Collect** your semen sample via masturbation into the ProteX container. Your semen sample will mix with the Sperm Wash Medium, if Medium was provided and placed into the well.
- 7**  **Secure** the lid carefully onto the ProteX container to avoid spills.
- 8**  **Fill out** the sample information label provided and place label on the ProteX lid.

RETURN

- 9**  **Do not** refrigerate or warm ProteX after collection. Keep at room temperature.
- 10**  **Return** your sample to your fertility center, keeping ProteX upright while transporting.

IMPORTANT USAGE NOTES

Sperm Wash Medium is not intended to be swallowed or ingested. • ProteX is intended for single use. • DO NOT share ProteX with anyone, including family members. Collect directly into ProteX. • DO NOT collect your sample in a condom or other container; it will adversely impact sperm health. • DO NOT collect during sexual intercourse as the pH from vaginal mucous may adversely affect sperm health. • DO NOT use lubricant or saliva during masturbation unless your fertility specialist approves. DO NOT get lube in ProteX. • DO NOT refrigerate ProteX before collection or after collection, as it will adversely impact sperm health.

Review your ProteX experience. Help other couples.

Take an anonymous 5-minute survey to rate your at-home experience.
Scan the QR code with your smartphone camera to get started.



Tag us on social media.



Questions?

Visit rsifertility.com/contact-us

Call 1.800.465.0368